"What I haven't told you… !".

Mothers and fathers with an uncurable disease tell their life story – as a future gift to their children, who often are very young.



What is a Family Audiobook?

The Family Audiobook provides children who lost a parent at a very young age with answers to the question: "Who were you, Mum/Dad?" – answers they can listen to all their life, whenever they feel like it. Thus, the parent's life story is preserved for posterity, spoken with the voice so familiar to the child, told with its parent's own words – in a personal, loving, and authentic way.

Judith Grümmer, a radio journalist and audio biographer from Cologne, founded Familienhörbuch gGmbH in 2019. This non-profit organisation enables seriously ill parents to have their life story recorded and produced – free of charge, in a professional manner, and with competent guidance. About eighty qualified audio biographers and sound designers, twenty volunteers, and a small staff team from all over Germany dedicate their time and effort to the Family Audiobook.

"What would I do if I received a devasting diagnose and had to leave my children behind? I would chatter away on a tape recorder." – Judith Grümmer as a young mother, 35 years before she was able to implement her heartfelt project.

Who benefits from the Family Audiobook?

Scientific research projects that demonstrate the effectiveness and significance of Familienhörbuch gGmbH's work have been supporting the audiobook project right from the beginning. The professional work on their audio biography helps diseased parents shift their focus from illness, pain and loss to the richness of the life they have lived, and to preserve their identity in a positive way. Emotional security and a basic sense of trust, feelings that most humans associate with the voice of a beloved parent, can easily get lost after the mother or father is gone. An audiobook supports children and families during their grieving process and enables them to cope in a healthy, active and selfdetermined way.

"It's a gift for the children, obviously, but from my experience, knowing that I am leaving behind something that will last is also a great gift to myself." – *A project participant*

How is a Family Audiobook financed?

The Family Audiobooks are produced entirely with donations.

Currently, all incurably ill participants receive their audiobook free of charge. Since time is often critical in palliative situations, we continuously rely on donations from foundations, individuals, and crowdfunding campaigns to produce the family audiobooks in a timely manner. We greatly appreciate any support you can give us. On behalf of the families concerned, we thank you in advance from the bottom of our ♥.

Contact and donation options www.familienhoerbuch.de/english/

Account for donations:

Volksbank Köln Bonn eG Heading: Familienhörbuch gGmbH IBAN: DE52 3806 0186 4906 5620 10 BIC: GENODED1BRS



PayPal

Betterplace.org Project name: "Das Familienhörbuch für sterbenskranke Eltern"

The Family Audiobook in social media:

Instagram: @das_familienhörbuch Facebook: Familienhörbuch

